Celebrating the 20th Annual International Congress

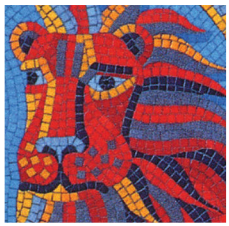
Frontiers in Colorectal and Intestinal Disease

Spotlight on Inflammatory Bowel Disease

9–11 November 2022

ST MARK'S
THE NATIONAL BOWEL HOSPITAL

Please join us in person at this live event, or as part of our large international audience online!
This year we will be at the magnificent Glazier Hall, 9 Montague Close, London Bridge, London SE1 9DD



Sir Alan Parks
Visiting Professor
Amy Lightner
Cleveland Clinic
USA

Sir Francis Avery Jones
Visiting Professor
Iris Dotan
Rabin Medical
Centre, Israel

John Lennard Jones
State of the Art Lecture
Charlie Lees
University of
Edinburgh, UK

www.stmarksacademicinstitute.org.uk

Glazier's Hall, London

Dean's Welcome

Welcome to our 20th Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London and to this our **20th Annual Frontiers** in Colorectal and Intestinal Disease. This year the spotlight is on **inflammatory bowel disease**. We look forward to welcoming a face-to-face audience to the magnificent Glazier Hall, 9 Montague Place, London Bridge, London, SE1 9DD. In addition, we are delighted to welcome our on-line audience from around the world. We will be making full use of high-quality audio-visual facilities to give our audience an excellent experience, whether you are with us in person, or joining us from elsewhere in the world.

The Congress will cover a broad range of topics, all of which are multi-disciplinary, and encompass real issues that we deal with day-to-day in our clinics, presented by leading experts. We will also present cutting edge research, and are honoured to have **Iris Dotan** (Israel) as our Sir Francis Avery Jones Visiting Professor, **Amy Lightner** (USA) as our Sir Alan Parks Visiting Professor, and **Charlie Lees** (UK), delivering the Professor John Lennard Jones lecture. We will combine medical, endoscopic, surgical, nursing and nutritional expertise throughout the programme, and also ensure that our patients' voice is heard.

The Congress is organised into a number of plenary sessions. On Wednesday, we have sessions focussing on ulcerative colitis and the pouch. On Thursday, we will start with the endoscopy team talking all things IBD, followed by sessions on stricturing and perianal Crohn's disease. On Friday, we will look at the role of nutrition in IBD, ways of improving the quality of life of IBD patients, and the difficult issue of cancer and IBD.

We conclude our symposium with an interactive informal session with all the leading lights coming together for what should be an enlightening and entertaining discussion in "Have I got views for you".

We would like to take this opportunity to express our gratitude to all sponsors for their support and contribution to this Congress.

We hope that you will find the next few days interesting, stimulating, educational and, at times, controversial.

We wish you an enjoyable time in London for the 20th Anniversary of the Frontiers Congress.

Professor Ailsa Hart, Dean

From the top: Naila Arebi, Ravi Misra, Calum Moulton, Nikolaos Kamperidis, Warren Hyer, Zarah Perry-Woodford, Sue Clark

Wednesday 9th November

09:15	Welcome from the Dean Ailsa Hart
09:30	Emergency management of inflammatory bowel disease *In this session, we will look at medical and surgical management of acute severe colitis and acute presentations of Crohn's disease* Chairs: Phil Tozer, Ailsa Hart
09:30	Acute severe colitis: looking at the problem through a new lens Tim Raine
09:50	Acute presentations of Crohn's disease Janindra Warusavitarne
10:10	Emergency management of IBD needs an MDT – cases with MDT input Presenters: Phil Tozer, Ailsa Hart Panel: Patient, Tim Raine, Lisa Younge, Gabriela Poufou, Calum Moulton, Phil Lung
11:00	Break
11:30	Ulcerative colitis: addressing the tricky aspects of management *In this session, we will discuss other causes masquerading as ulcerative colitis, optimal choice of medical therapy for ulcerative colitis and surgical decision-making in ulcerative colitis* Chairs: Naila Arebi, Akash Mehta
11:30	The inflamed rectum – is it really UC that you see? Ravi Misra
11:50	The ever-increasing menu of medical options for ulcerative colitis – how to choose? Nick Powell
12:10	Surgical options for ulcerative colitis – when and how to choose? Phil Tozer
12:30	Case discussions with the MDT Presenters: Naila Arebi, Akash Mehta Panel: Phil Tozer, Iris Dotan, Nick Powell, Lisa Younge, Adriana Martinez
13:00	Lunch
14:00	The Pouch in 2022 and beyond *In this session, we will discuss how to counsel patients for pouch surgery, how to develop and deliver a pouch service, and practical aspects of how to manage a pouch behaving badly* Chairs: Sue Clark, Nik Kamperidis
14:00	What should a national pouch service look like? Peter Sagar
14:15	Counselling patients for pouch surgery and achieving the best outcomes Richard Brady
14:30	Role of pouch specialist nurse Zarah Perry-Woodford
14:40	**Sir Frances Avery Jones Lecture** Pouch insights: a man-made model of IBD and how to manage the pouch behaving badly Iris Dotan
15:10	Panel discussion Phil Tozer, Iris Dotan, Peter Sagar, Richard Brady, Zarah Perry-Woodford
15:30	Break

Wednesday 9th November

16:00	IBD as a lifelong disease *In this session, we will discuss how to transition IBD patients for optimal outcomes and how to counsel IBD patients who are considering starting a family* Chairs: Ayesha Akbar, Kay Crook
16:00	Transitioning IBD patients: doing it right Warren Hyer
16:20	Pregnancy and IBD: answering patients' questions Ailsa Hart
16:40	Break
16:50	John Nicholls Prize Chair: Danilo Miskovic Panel: John Nicholls, Iris Dotan
16:50	John Nicholls Prize Lecture
17:10	Close

Tower Bridge, London

From the top: Misha Kabir, Lisa Younge, Arun Gupta, Akash Mehta, Phil Tozer, Brian Saunders, Adam Humphries, Ana Wilson

Thursday 10th November

09:00	Welcome from the Dean Ailsa Hart
09:05	Shining the endoscopic light on IBD *In this session, we will discuss doing the basics right in endoscopy, using scoring systems, recognising lesions, and we will look at the future of artificial intelligence in endoscopy* Chairs: Brian Saunders, Ana Wilson
09:05	Interactive endoscopy – to include diagnostic colonoscopy and scoring systems for IBD, how to perform and report pouchoscopy, endoscopic dilatation and capsule endoscopy Brian Saunders, Ana Wilson, Adam Humphries, Maggie Vance
10:40	At the frontiers: artificial intelligence in IBD endoscopy Ahmir Ahmad
11:00	Break
11:30	Surveillance in IBD *In this session, we will discuss how to optimise endoscopic surveillance in IBD, what to do when you find dysplasia, how to communicate risk with patients, and endoscopic and surgical options for managing dysplasia* Chairs: Ana Wilson, Brian Saunders
11:30	Practical masterclass: performing the best surveillance colonoscopy Ana Wilson
11:40	Help, I've found dysplasia – what next? James East
11:50	Colectomy is suggested, but the patient doesn't want it – what next? Misha Kabir
12:00	Can we do better – is genomics getting closer? Ibrahim Al-Bakir
12:10	Practical masterclass: ESD in IBD Noriko Suzuki
12:20	The surgical debate in dysplasia management: total or segmental resection Amy Lightner
12:30	Insight into the dysplasia MDT Presenters: Ana Wilson, Misha Kabir Panel: Brian Saunders, Amy Lightner, Omar Faiz, Morgan Moorghen, Adam Humphries
13:00	Lunch
14:00	Stricturing Crohn's disease *In this session, we will discuss the difficult phenotype of stricturing Crohn's disease with state-of-the-art lectures on pathogenesis, assessment, medical, nutritional and surgical management* Chairs: Akash Mehta, Ailsa Hart
14:00	Frontiers in assessment and management of Crohn's strictures Florian Rieder
14:20	Role of dietitian in stricture management Alison Culkin
14:30	Endoscopic management of strictures Adam Humphries
14:40	**Sir Alan Parks Lecture** Surgery for Crohn's disease in 2022 and beyond Amy Lightner
15:10	Panel Discussion Amy Lightner, Alison Culkin, Arun Gupta, Florian Rieder, Adam Humphries
15:35	Break

Thursday 10th November

16:00	Perianal Crohn's disease: getting to the bottom of it *In this session, we will look at multi-disciplinary management of perianal Crohn's disease and management at the frontiers* Chairs: Phil Tozer, Naila Arebi
16:00	The future of successful perianal Crohn's management Nick Powell
16:10	Surgical repair to close perianal fistulas Phil Tozer
16:25	Everything we need to know about stem cells for perianal CD Amy Lightner
16:40	Insight into the perianal fistula MDT Presenters: Phil Tozer, Naila Arebi Panel: Nick Powell, Amy Lightner, Phil Lung, Madhoor Ramdeen
17:00	Close

The Elizabeth Tower and Westminster Bridge, London

From the top: Danilo Miskovic, Rona Moss-Morris, Omar Faiz, Suzanne Donnelly, Janindra Warusavitarne, Simon Gabe, Gabriela Poufou

Friday 11th November

09:00	Welcome from the Dean Ailsa Hart
09:05	Nutrition and IBD *In this session, we will look at the role of diet in the cause of IBD and how diet can be modified in disease management. We will also cover optimising nutrition to achieve optimal surgical outcomes and how to recognise the problem of intestinal failure, when to refer for specialist support and how to manage medically and surgically* Chairs: Simon Gabe, Carolynne Vaizey
09:05	**John Lennard Jones State of the Art Lecture** Is diet the cause of IBD and how close are we to dietary therapy for managing IBD? Professor Charlie Lees
09:30	Peri-operative optimisation in IBD: the role of diet Gabriela Poufou
09:50	When the going gets short… when inflammatory bowel disease turns to intestinal failure Suzanne Donnelly
10:10	What to do with medications in intestinal failure Uchu Meade
10:30	Enterocutaneous fistula management: optimising a patient's needs – surgical principles, medical and dietary management and wound care Presenters: Simon Gabe, Akash Mehta Panel: Suzanne Donnelly, Richard Holman, Carolynne Vaizey, Uchu Meade, Mia Small
11:15	Break
11:45	Hitting the goal of improving quality of life in IBD *In this session, we will discuss the impact of difficult symptoms such as pain and fatigue on quality of life in IBD and consider best approaches to manage them* Chairs: Lisa Younge, Ana Wilson
11:45	Boosting quality of life – managing distress in IBD Rona Moss-Morris
12:00	Measuring success & getting the best patient reported outcomes for IBD Laith Al-Rubaiy
12:10	Management of psychological issues in IBD patients Calum Moulton
12:30	Lunch
13:30	Cancer and IBD *In this session, we will look at the management and outcomes of IBD patients who develop cancer, including surgical decision-making and robotic surgery. We will also look at medical therapies for treating IBD in patients with previous cancers. Finally, we will look at state-of-the-art management of checkpoint inhibitor colitis* Chairs: Danilo Miskovic, Elaine Burns
13:30	Neoadjuvant and adjuvant cancer treatment in IBD Kai-Keen Shiu
13:45	Surgical decision-making debate – segmental vs total Janindra Warusavitarne vs Ian Jenkins
14:10	How we do it: robotic restorative proctocolectomy – surgical adaptations for the IBD patient Danilo Miskovic, Omar Faiz
14:55	How to manage IBD in a patient who has had a previous cancer Iris Dotan
15:10	State of the art: management of checkpoint inhibitor colitis Ollie Brain
15:30	Break

Friday 11th November

16:00	"Have I got views for you" in IBD *An interactive informal session by leading experts in the field of inflammatory bowel disease in which 2 teams will share their own views and perspectives in IBD management, challenges in service delivery and pushing the boundaries in inflammatory bowel disease care* Chairs: Ailsa Hart, Phil Tozer Panel: Amy Lightner, Iris Dotan, Charlie Lees, Omar Faiz, Danilo Miskovic, Lisa Younge
16:30	Close

St Paul's Cathedral, London

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email: info@stmarksacademicinstitute.org.uk

Frontiers 2022 Programme v2.0, 21 June 2022

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